



Avalon Minor Hockey Association

COVID-19 Return to Play Guidelines – 2021-22

Pre-Game

- If you have any flu-like symptoms (even one!), we ask that you not participate as a player or spectator. Please complete the COVID-19 Self Assessment tool at <https://www.811healthline.ca/covid-19-self-assessment/>. Please follow the advice from this assessment.
- Using TeamSnap, please ensure your player's availability is recorded prior to the game/practice.
- Please review all protocols and guidelines with your player.
- Please ensure your player has their own equipment and their own marked water bottle.

Arrival at the Rink

- You cannot arrive more than 30 minutes prior to your session's start time.
- Follow all signage at the rink and all instructions from coaches, team managers and rink staff.
- Signage will indicate which dressing rooms are designated for your team. Please go immediately to your dressing room and adhere to physical distancing as marked in the dressing rooms.
- The arena has the same traffic flow and designated areas as last year. Please follow all directional signage and please respect areas for players and spectators only.
- Please do not congregate at the entrance/exit to the arena and please do not stand in areas that do not permit spectators.
- Parents, guardians, and spectators should sanitize hands upon entering and always maintain physical distancing, if possible. Spectators must stay in the designated spectator areas and must always wear a mask.
- Sanitizers are readily available at the rink. Please use them frequently!
- Players must always wear a non-medical mask when arriving at the rink. Players may remove the mask just prior to entering the ice surface.
- As per Hockey NL guidelines, players are required to wear 'buffs' when distancing is not possible on the bench.
- Coaches must always wear a non-medical mask, on the bench and on-ice. Please try to maintain physical distancing when communicating with players.
- If you become ill during a game or practice, immediately ask team staff to bring you to the isolation room at the rink and seek medical advice.

After the Game / Departing the Rink

- No sharing of food or beverages. Use your own marked water bottles please!
- No social activities after the sessions.
- Please vacate the rink within 15 minutes of the session's conclusion. Please leave promptly through the exit and do not hang around the lobby areas or other common areas in the rink.

Other

- Double vaccination is encouraged for all members of AMHA.
- We encourage use of the Covid-19 Alert App. <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html>
- Each team must have a Team Manager that will communicate any updates or changes to COVID-19 Guidelines.
- The use of TeamSnap and its features for updating rosters and availability will be an important tool for ensuring a safe and healthy return. Do your part and please keep your info updated!
- AMHA has a Communications Officer with the responsibility to ensure all guidelines and protocols are up to date and adhering to Public Health and Hockey NL guidelines.
- AMHA and Celtics Centre Hockey Corporation (Feildian Gardens) have a cleaning and disinfecting program in place to ensure the safety of our players and spectators.
- HAVE FUN!!

For more information:

www.avalonceltics.com/covid

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